

If you are poor in spirit you will be merciful.
If mourning you will be pure.
If meek you will be a peacemaker.
If hungering and thirsting you will be filled.
In all this there will be tribulation or persecution.
The world does not know Jesus and reacts in hostility that tests our hearts.
Note also that the Beatitudes relate to the sacraments.

This shows that all of life is sacramental and the Gifts are the continuation of the Incarnation of Christ's body in the earth.